

SVFCU's 2010 EGG SCRAMBLE

*A Run to End Hunger
5K Run/Walk*

**Proceeds to benefit local
food banks that serve the
Sebasticook Valley Region**

Date: Saturday, July 24, 2010

Time: 7:30am

Pre-register by: July 16, 2010

Entry fees:

\$20 day of race (\$15 if received by 7/16/10)

Children under 10 free

**BRING A FRIEND, GET ANOTHER \$5 OFF
YOUR REGISTRATION!!**

•WALKERS AND STROLLERS WELCOME!!

**This relatively flat course starts
near the Credit Union on Somers-
et Ave., takes a tour of the Ter-
races, coming out on Hartland
Ave., down to Sebasticook St.,
Main St., then the home stretch
to the start/finish line.**

FOR MORE INFORMATION:

Kelley Carter at kcarter@svfcume.com

487-5576 or visit www.svfcume.com/roadrace



**Sebasticook Valley
Federal Credit Union**

*Your Community Credit Union,
Making A World of Difference.*



T-SHIRTS

The first 50 registrants
will receive a t-shirt

AWARDS

Awards will be given for
the top finishers in the
following categories:
Overall, 18 & Under, 19-
29, 30-39, 40-49, 50-59,
60+

**POST-
RACE**

Refreshments will be
available after the race.

I know that a run/walk event is a potentially hazardous activity. I should not enter a run/walk event unless I am medically able and properly trained. I agree to abide by any decision of a race official regarding my ability to safely complete the event. I assume all risks associated with entering this event including, but not limited to: falls, contact with other participants, the effects of the weather (including high heat and humidity), traffic and conditions of the road; such risks being known by me. Having read this waiver, I release Sebasticook Valley Federal Credit Union, its board of directors, employees, agents, and individuals acting on the Sebasticook Valley Federal Credit Union's behalf, including race directors, volunteers, the Town of Pittsfield and its police and emergency personnel.

Mail form and entry fee to:

Sebasticook Valley FCU
c/o Kelley Carter
P.O. Box 10
Pittsfield, ME 04967

Phone: 207-487-5576

Fax: 207-487-3129

Email: kcarter@svfcume.com

Name _____

Address _____

Phone _____

Sex _____ Age on race day _____

T-shirt Size: S M L XL

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____